



AMERICAN YOUTH
SOCCER ORGANIZATION

Fall 2022 Coach Meeting

August 9, 2022

Regional Board

Commissioner – Lisa Blankenship (rc@jcysl.org)

Referee Administrator – Lonnie Thomas (rra@jcysl.org)

CVPA – Kirsten Carlson (cvpa@jcysl.org)

Registrar – Chrissy Dugger (registrar@jcysl.org)

Uniform Coordinator – Nicole Mello (uniforms@jcysl.org)

Secretary – Kim McGarrah (secretary@jcysl.org)

Vacancies

Coach Administrator – rca@jcysl.org

Safety Director – safety@jcysl.org

Treasurer – treasurer@jcysl.org

Field Director – fields@jcysl.org

Division Directors

10U Division Director – Andi Davis (10u@jcysl.org)

12U Division Director – Melissa Stone (12u@jcysl.org)

15U Division Director – Tracy Willauer (15u@jcysl.org)

Vacancies

5U/6U Division Director – Chrissy Dugger (registrar@jcysl.org)

8U Division Director – Pending (8u@jcysl.org)

19U Division Director – Lisa Blankenship (rc@jcysl.org)

Tournament Team Director – ttd@jcysl.org

Volunteer Requirements

Coaches & Assistant Coaches

All Coaches & Assistants must:

- Notify Division Director
- Register as volunteer at jcysl.org
- Complete background check with Sterling
- Online certifications
 - Complete SafeSport
 - Complete Safe Haven
 - Complete Concussion Awareness
- In Person certifications
 - Complete Division Coach Training
 - Complete Coach Training session

Volunteer Requirements

Youth Trainers

All Youth Coach Trainers must:

- Notify Division Director
- Register as volunteer at jcysl.org
- Online certifications
 - Complete Safe Haven
 - Complete Concussion Awareness

**Note: These children must have an approved and certified coach/assistant coach over the age of 18 with them at all times.*

Volunteer Requirements

Team Parents/Other Team Volunteers

All Team Parents must:

- Notify Division Director
- Register as volunteer at jcysl.org
- Complete background check with Sterling
- Online certifications
 - Complete SafeSport
 - Complete Safe Haven
 - Complete Concussion Awareness

Things to Note

To receive rosters

- Background checks - approved and current
- Safe Haven, SafeSport, and Concussion Training completed online

To start practice

- Division Coach Training course and field session completed

NOTE: There is no exception to this rule as we are not able to print rosters until certifications are complete.

Questions?

Coaching Guidelines

- ❖ Practice times are 5-6:00pm and 6:00-7:00pm
 - Only players on team roster (no siblings)
 - Unless coed division girls and boys teams cannot practice together
 - Practices cannot be combined with teams from other divisions
- ❖ If unable to coach practice or game
 - Notify Division Director
 - If no assistant coach, ask a parent
 - Only JCYSL Board can move/cancel games
- ❖ Only approved volunteers can coach teams at anytime:
 - Receive approval from Division Director, CVPA/RC
 - Volunteer online
 - Have approved background check
 - Complete minimum certifications (i.e. Safesport, Safe Haven, Concussion Awareness)

Coaching Guidelines *(continued)*

- ❖ Team Meeting
 - Specify your team goal and expectations for the season
 - Ask for volunteer for team parent
 - Ask for parent volunteers who can step in when unavailable
- ❖ Games are a time for observation and evaluation. Base practices on what you see during games.
- ❖ Always stay positive and promote good sportsmanship.
- ❖ No player can play a full game unless all other players have played $\frac{3}{4}$ of the game
- ❖ ZERO TOLERANCE for abuse of Referees
- ❖ End of Season Player Evaluations

Uniform Distribution

- ❖ Uniform changes:
 - 6U, 8U and 10U will be given a jersey, shorts and socks
 - 12U and above will receive reversible jersey and two pairs of socks
- ❖ Teams are assigned jerseys by Uniform Coordinator. DO NOT SWITCH UNIFORMS.
- ❖ No sharing equipment,
 - JCYSL furnished pinnies distributed to 10U and below
 - 12U and above have the reversible jerseys

Uniform Distribution *(continued)*

- ❖ Division Directors will distribute uniforms to coaches.
 - Notify families of late registrations that uniforms will be distributed based on shipping times.
- ❖ Line up your players from shortest to tallest and pass out uniforms accordingly.
 - Do not give numbers based on preference. We only order certain sizes and would rather players fit in their uniform than have a preferred number.
- ❖ Division Directors will distribute first aid kits to each new coach.
 - These should be turned in at end of season to be restocked.
 - If need to restock before end of season, please contact your Division Director

Questions?

Return to Play

We are still playing and operating under the guidance of National, thus must continue our diligence and following the guidelines in place. We will modify as the rules change.

Overall – Standard Practice

- ❖ ***Healthy Participants Only:*** Any players, coaches, spectators who are sick will not be allowed at practices or games.
- ❖ Parents, and family members will abide by social distancing regulations.

Return to Play *(continued)*

Masks/Physical Distancing

- ❖ Maintain physical distancing requirements from coaches, players and family members.
- ❖ Limit contact between players
- ❖ Each team (including spectators) will be on opposite sides of the field during games and should allow for 6ft separation
- ❖ Wearing of masks is total voluntarily

Return to Play *(continued)*

COVID-19 Screening Form

- **Must** be completed for all volunteers and participants **If you TEST positive**
 - CVPA will follow up with coach and parent.
 - Participant cannot participate in the activity until cleared by CVPA
- **Must** be completed for all volunteers and participants if changes occur

Return to Play *(continued)*

Practices

- ❖ Parents encouraged to stay at vehicles during practice. When outside vehicle they should adhere to social distance requirements
- ❖ No physical greeting of players.
- ❖ No scrimmages allowed
- ❖ No shared equipment in use. No sharing snacks or water.
- ❖ 10U & Below players will be provided with individual pinnies
- ❖ Coach should be the only person to handle coaching equipment (e.g., cones, disks, etc.)
- ❖ Clear field promptly after practice. No lingering.

Return to Play *(continued)*

Games

- ❖ When outside vehicle everyone should adhere to social distance requirements
- ❖ No physical greeting of players. No handshakes or fist bumps after game
- ❖ No shared equipment in use. No sharing snacks or water.
- ❖ League will furnish game balls (located in shed). Please return when game is over.
- ❖ Coach should be the only person to handle coaching equipment (e.g., cones, disks, etc.)
- ❖ Clear field promptly after game. No lingering.

What if...

- ❖ Parents should notify their team parent or coach ASAP if a player or family member is diagnosed with COVID-19. (Team parent reports case to coach)
- ❖ Coach should complete an incident report immediately and send to CVPA
- ❖ CVPA will contact parent and work with local health officials
- ❖ CVPA will notify Regional Commissioner
- ❖ Regional Commissioner notifies coach/team parent/affected families with health official instructions

What if...

- ❖ Any participant who reports symptoms of COVID19, tests positive for COVID19 or who is exposed to someone with COVID19, must report to the Region in keeping with Health department requirements
- ❖ Anyone receiving report of COVID19, must protect the privacy and confidentiality of the parties involved except as required to report to the Health Department.

Questions?

Medical Release Forms

- ❖ Division Directors will email forms to each coach
- ❖ Must have forms at every AYSO activity or event for emergency treatment authorization and contact information

Communications/Privacy

- ❖ Communicate all messages about practices, games or other events to parents using Heja, emails, text and voice messages
- ❖ Protect player identities by not posting names with pictures or jersey numbers and rosters on social media
- ❖ Support Kid Zone by reviewing the Coach, Player, and Parents Codes of Conduct with your team members and families

Key Documents

- ❖ AYSO Incident Report Forms to report illness or injuries requiring medical treatment, possible concussions, misconduct, AYSO property damage or loss, threats or lawsuits.
- ❖ AYSO Player Participation Release Form for parents to sign after a child has been ill or injured.
- ❖ Concussion Release Forms for doctor to sign, authorizing coaches to allow a child to participate in practice and games.

Lightning & Weather Policy

- ❖ Fields are to be cleared for 30 minutes.
 - Clock starts after the last person clears the fields.
- ❖ The 30-minute timer resets after each lightning flash or thunderclap.
- ❖ If lightning or thunder occurs during your game:
 - 6U and 8U – The game is over.
 - 10U, 12U; 15U
 - Before Half Time – Wait as the 2nd half may be completed.
 - After Half Time – The game is over.
 - 19U – Wait for Region's decision.

Lightning & Weather Policy *(continued)*

Field Status

- On practice days, field status will be posted at approximately 4PM.
- On game days, field status will be post at approximately 7AM.
- Please have patience as some Regional board members work and live outside the county and time is needed to get to our field locations for an inspection.

Other Safety Issues

Goalposts should be inspected before every activity to ensure they are securely anchored, counter-weighted and that nets are safely attached. No one should be allowed to climb or play on goalposts and children should not help move portable goals.

Questions?

Referee Information

“Referees, as Stewards of the Game, are responsible for keeping the game safe, fair and fun. Referees should support and work with Coaches to manage the behavior of players and spectators”

AYSO Referee Guideline 2021-2022

Referees make calls from their perspective both in location on the pitch and within the laws of the game.

Referee Information

- ❖ Required player equipment
 - 5 S's: Shirt, Shorts, Shin guards, Socks, Shoes
- ❖ Lineup Cards
- ❖ If no referee is assigned to your game, coaches should share the duties by one taking each half (first or second)
- ❖ Youth Referees
- ❖ AYSO Referee Guideline can be found at the JCYSL site
 - Resources > Referee Videos & Info

Questions?

Fields

- ❖ Field use is limited this season
 - Only practice on half the field assigned for the time assigned
 - Contact your Division Director if fields need to be switched
 - Clear fields immediately after practice/game.
- ❖ Check anchoring of goals before each practice and game
- ❖ Teams are responsible for field setup on game day
 - 1st Home team set up flags/Last Home team put them away
 - Visiting teams will be assigned a field to line each week
 - Schedule will be released before season starts
- ❖ Remove all trash from sidelines after practice and games

Questions?

Going Forward

- Sign up via Signup Genius for a practice slot
 - 6U & 8U – one 1-hour slot per week
 - 10U and up – two 1-hour slot per week
- Division Directors will send out rosters & medical release forms as coaches have met certification requirements
- Notify teams of practice times
- Keep an eye out for email notifications
 - Late Registrations
 - Weekly coach notes and newsletters
 - COVID updates

Questions?

Fall Calendar (CORE)

- | | |
|-----------------------------------|-------------------------------|
| 8/13 – Coach Training (In Person) | 9/24 – Games (Week 3) |
| 8/20 – Field Day | 10/1 – Games (Week 4) |
| 8/27 – Coach Training (On Field) | 10/2-10/9 – NO PRACTICE/GAMES |
| 8/29 – Practices Start | 10/15 – Games (Week 5) |
| 9/6 – Referee Meeting (Online) | 10/22 – Games (Week 6) |
| 9/10 – Games (Week 1) | 10/29 – Games (Week 7) |
| 9/17 – Games (Week 2) | 11/5 – Games (Week 8) |